

Brooklyn House Dental Surgery

Newsletter – Winter 2008

☺ Why do we Scale and Polish your teeth? ☺

As many of our patients know scale and polishes are carried out on a regular basis at our practice, but what is probably less known is the reason we perform this procedure.

Not only does a scale and polish make your teeth look and feel clean, it also removes harmful plaque bacteria, tartar (hardened plaque) and toxins which are the major cause of **gum disease**, **bone loss** and, ultimately, **tooth loss**. If these toxins and bacteria are left in contact with the teeth and gums for too long, they can start to destroy the bone structure around the teeth, so it is very important that they are removed regularly.

As vital as regular scale and polishes are, it is also important to remember that the most effective way of preventing gum disease is good oral hygiene at home. **Brushing and cleaning in between teeth daily** is the most important part of preventing gum disease.

☺ Do you grind or clench your teeth, suffer from pains, a sore neck, headaches or broken teeth? ☺

Let me analyse your bite and help! – Dr Lizette Moolman

☺ What we can offer as a Private Practice? ☺

A Full Package:

Oral Health Educator – Mrs Louise Wilson

Diet Analysis

Oral Hygiene Advice (Brushing, Flossing, Tapes)

Fee for adults £20.00, children £10.00. Included in Denplan Essentials and Care

Hygienist

The hygienist is an expert in gum disease, oral hygiene, preventative and invasive treatment. Please note, we need 24 hours notice if you can not attend your hygienist appointment. **Otherwise you will be charged for the time wasted!**

Dentists

Our dentists are all general dental surgeons, able to offer a broad spectrum of treatment. However, each of them has special interests in which they have or are undertaking further study.

Dr Louis Minnaar – Orthodontics

Dr Lizette Moolman - Occlusion (Teeth Grinding, Clenching)

Dr Stephan Malherbe – Implantology

Staff Announcements

☺ Lizette Moolman has just returned from her further training in Occlusion in London and is planning a trip to Los Angeles, USA, to go and learn the latest, state of the art occlusal analysis programmes. Most dentists find this subject extremely complicated, so we are looking forward to tapping into her knowledge on her return!

☺ Louise Wilson, our Oral Health Advisor, has just completed her exam in Decontamination and Sterilisation in Health Care Environments, Well Done!

We've recently updated our website so please visit it at: - www.fakenhamdentist.co.uk
Brooklyn House Dental Surgery supports the continuous, ongoing training of all staff.

Denplan Essentials patients now benefit from a 30% discount on private fees.